



INDEPENDENT LIVING FOR ALL

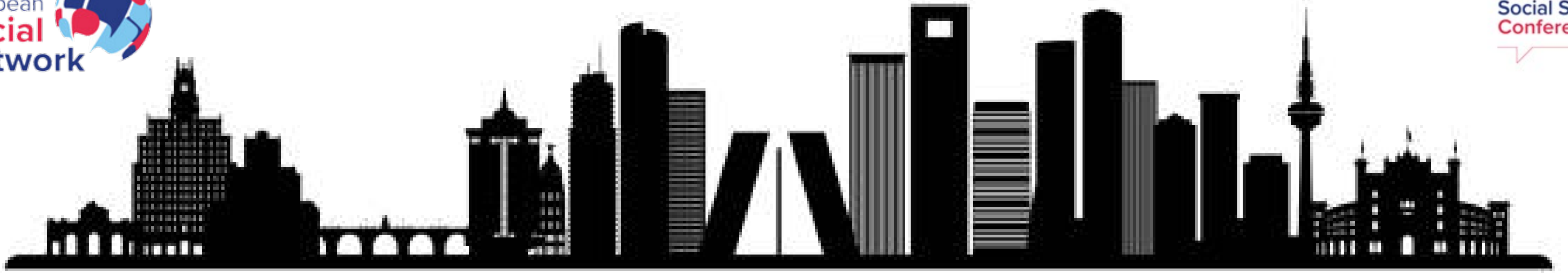
Madrid City Council's Office of Independent
Living for People with Intellectual
Disabilities (OVIDI)

CONSUELO ALFARO

MADRID CITY COUNCIL

GENERAL DIRECTOR OF SOCIAL SERVICES AND
DISABILITY CARE



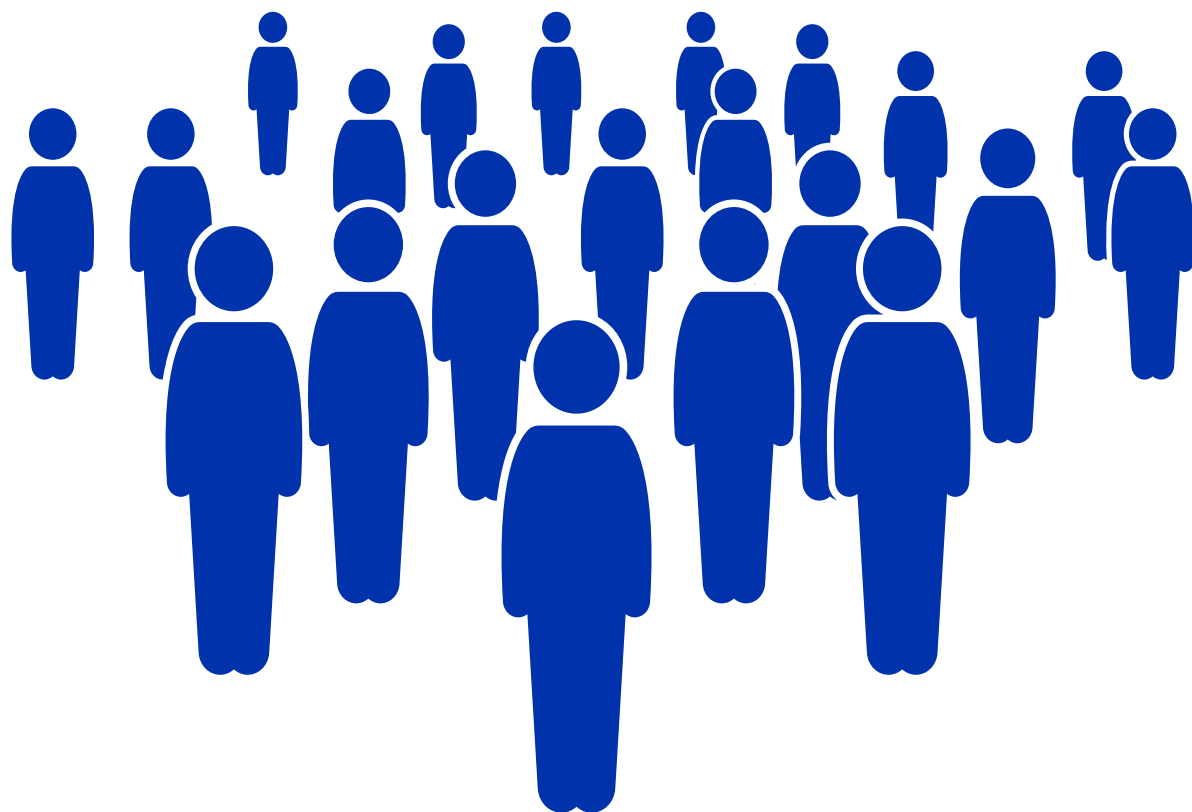


Objective: Provide information and advice services to people with intellectual disabilities, their families and entities in order to be able to achieve independent living.



It is a citizen initiative that has been channeled through participatory budgets and has led to the co-creation of a new service.

How was it born?



Initiative of a citizen with intellectual disabilities (Daniel Diaz) who presented the project in the call for participatory budgets of 2017



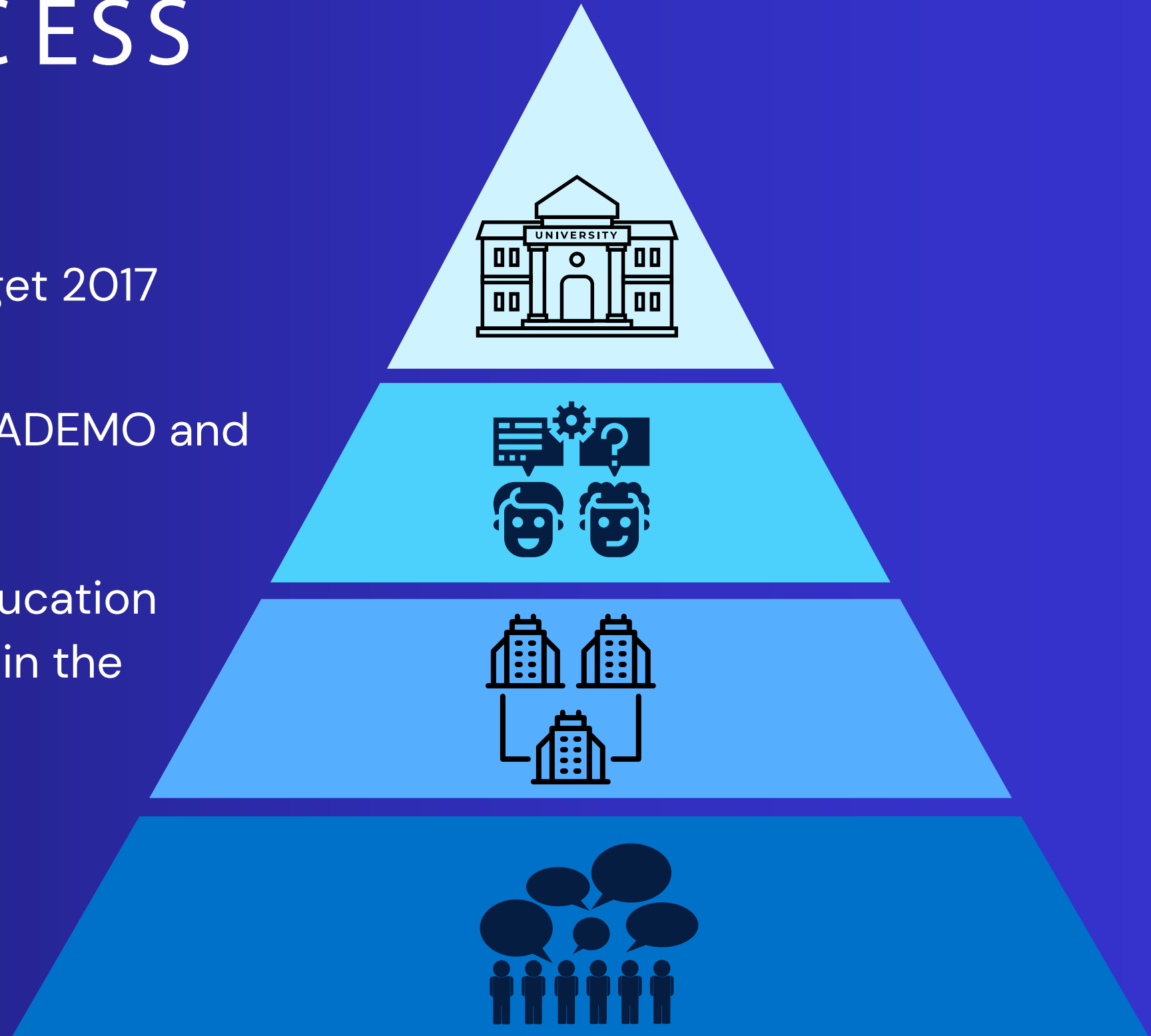
Voted by citizens among the ten most important projects



First independent living office nationwide

CO-CREATION PROCESS

- 01 Madrid City Council Participatory Budget 2017
- 02 Participating social entities: Juan XXIII, ADEMO and Plena Inclusión.
- 03 Community Social Services, Special education resources and participation of entities in the Municipal Council on Disability
- 04 Collaboration with Universities



How does it work?

Main
Activities

Resources

Information,
guidance

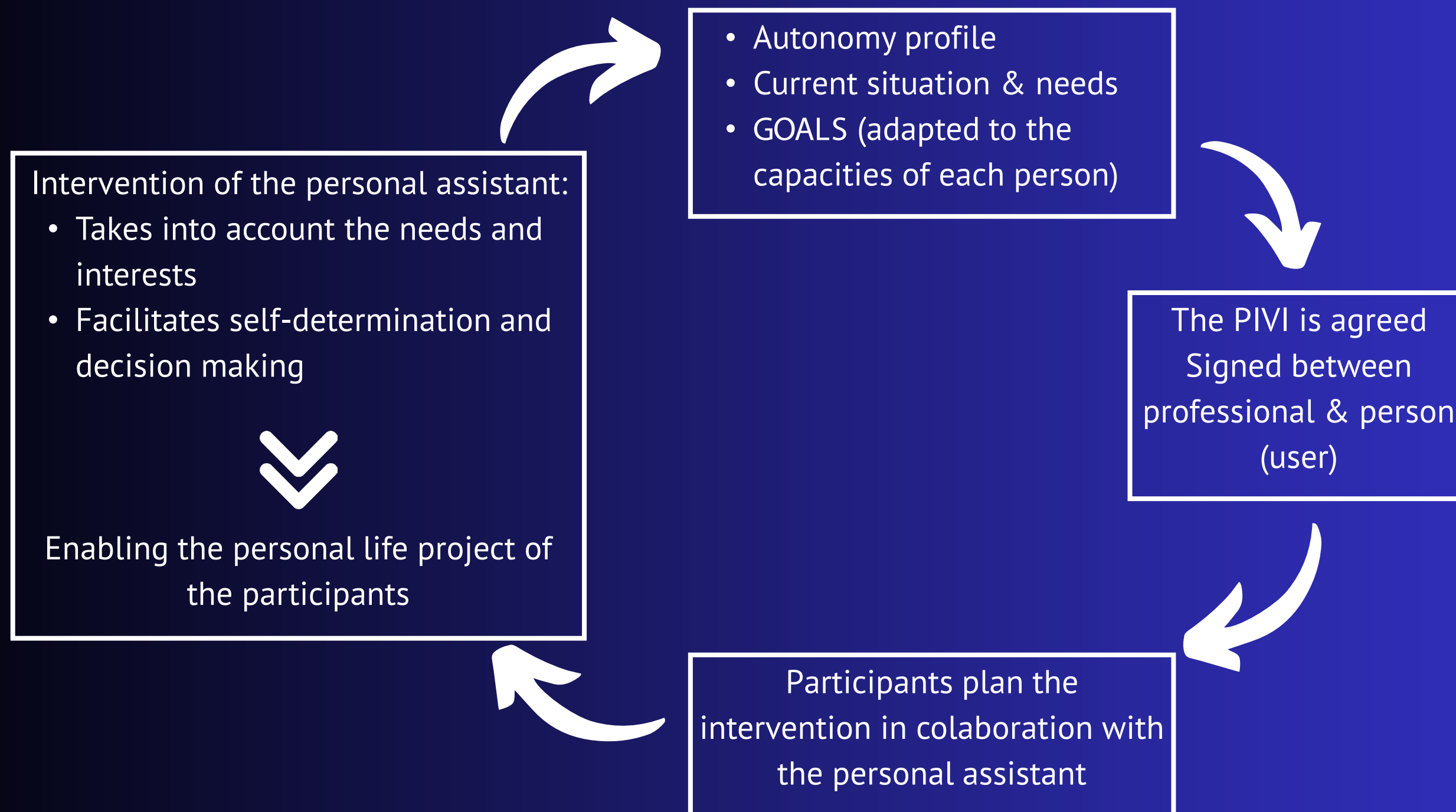
Personal
Independent
living Plan (PIVI)

Individual,
group and
family activities

9 Personal Assistants,
1 Social Worker
1 Coordinator
(Psychologist)

Community work
(neighborhood spaces,
social entities)

HOW ARE PERSONAL INDEPENDENT LIVING PLANS (PIVIS) DEVELOPED?



GOALS



1. Cook simple recipes
2. Use public transport
3. Manage time & schedules in daily life
4. Become more autonomous at work
5. Develop new skills

Data



Information and orientation service:

1043 people served

Independent living plans:

112 plans developed



236.503€ annual

investment

Lessons learned

- ❖ In 2023, a new living space was created that is equipped for practicing household chores, learning to cook, and maintaining a healthy home.
- ❖ As a result of the proposals of the programme participants, group activities were started, taking into account the interests of the persons (employment workshop, prevention on sexual abuse, new technologies, visit to exhibitions, Christmas activity...)
- ❖ As a result of the continuous evaluation of the project, it has become necessary to extend the duration of the Independent living plans from 6 months to 1 year.



"I am very grateful for the treatment and help they have given me, I feel supported"
(Woman, 46 years old).



Finally, we feel accompanied and we have public support to achieve an independent life for our son" (Father, 52 years old)

