Barcelona province

311 municipalities

74,4% of Catalan population

5,6M inhabitants

Inhabitants | Municipalities | %
---|---|---
< 5.000 | 181 | 58%
5.001 - 20.000 | 83 | 27%
20.001 - 75.000 | 35 | 11%
> 75.000 | 12 | 4%
Total | 311 | 100%

NEXES: elderly in loneliness situation care program

Barcelona provincial council

Economic support

Technical support

Training

Technological support
Framework

- Elderly population in Barcelona province:
  
  19% (2021) / 17.2% (2011)

- Households >65 unipersonals:
  
  34.6% (2020) / 30.3% (2010)
1. DETECTION of elderly in social risk of loneliness
2. INTERVENTION through a Personalized Support Plan

Personalized Support Plan: process

First communication ➔ Visit at home ➔ Contact community agents

Detection of loneliness

- He/she doesn’t accept participating
- Personalized support plan
- Communication to Social Services

No detection
3. PROMOTION of a community network involved in loneliness attention

Personalized Support Plan: activities

- Information, contact and link to social, leisure and cultural activities
- Promotion and connection with volunteer entities
- Implementation of specific activities and telecare specific program for loneliness

Nexes professional following-up:
- Beneficiaries (calls, visits)
  - Community agents (meetings)
- Information and training activities to community agents
Implementation

Pilot program (5 municipalities)

Implementation and impact evaluation of the pilot

Services Catalog (Diputació de Barcelona offers the program to municipalities)

Implementation and impact evaluation

Network of municipalities implementing the program

65 municipalities
For more information:

www.diba.cat/projecte-cures

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**Key points**

- Long-tem interventions
- Social services leadership
- Involvement of Health services
- Involvement of social entities and neighbourhoods
  - Gender perspective

**Challenges**

- Sustainability and community corresponsibility
- Integral attention and coordination with home care services
  - Intergenerational intervention